

HOLISTIC



Madison Carter '25
Faculty Advisor:
Sarah Conlin
Field Supervisor:
Marylissa Barbosa-Fish

APPROACHES TO Adolescent Health

Learning Objectives

1. Develop research skills surrounding community and school needs
2. Enhance my comprehension of adolescent health
3. Form and implement new ways to encourage community and individual well-being
4. Establish connections with adolescents and discover ways I can personally impact them



Ask about my responsibilities!

Challenges:

- Attempting to engage the students and hold their attention while conducting lesson plans.
- Disruptions during club sessions.
- Giving respect to the space, the teacher, the supplies and snacks

Interventions:

- Creating more games, speaking informally, going outside, and giving them leadership roles and assignments that help us teach the class.



Ask about Healthcorps!

A few Takeaways:

- Consistency, creativity, and grace are crucial when working with the kids.
- First impressions can be misleading, but the kids can show leadership qualities worth encouraging.
- Reframing traditionally negative behaviors into positive ones
- Being realistic about the contributions I can accomplish in the timeline.

