

# Community Building Through Culinary Connection

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## Our Partner Organization

**Puentes de Salud** supports Philadelphia’s Latine and immigrant community by:

- Providing healthcare, education, and social services.
- Offering low-cost medical, dental, and mental care.
- Supporting middle and high-school students with after-school programs that empower them to embrace their culture.
- Training future healthcare and social justice leaders.



## Takeaways

Food fosters community!

- We learned how Latin American & Iberian foodways are represented in Philadelphia.
- We experienced firsthand how food is a leveling field to bring people from different backgrounds together; everyone has a distinct sensorial memory they can share.
- There was lots of diversity surrounding our experiences with a singular dish, and the perspectives of the high-school students in dialogue further informed our coursework.

## Our Work

We worked alongside our classmates and across three site visits as a part of their after-school programming for high-school students.

- We created a collaborative recipe book centered around specific foods from Latin America and designed activities.
- We adapted a recipe to make a dish, guacamole, with a small group of students.
- We bonded over our own histories with the dish and ate a meal together comprised of all the dishes we made



## Guacamole Recipe!

Scan the QR code to take home our favorite guac recipe!

